



LABOR, DELIVERY & BEYOND



Preparing for childbirth & parenting

- Prenatal Health
- Fetal Development
- Stages of Labor
- Labor Techniques
- Comfort Measure
- C-Sections
- Baby Care
- Breastfeeding/Bottlefeeding
- Hospital Tour
- Child Development
- Parenting
- Adult & Child CPR

CLASSES MONDAYS
6:30-8:30PM
SESSION FEE: \$35

Each session is 4 classes long

- Classes at SCMC meet in the multi-purpose room in the lower level.
- Classes at MAES meet at Elementary school in the ECFE room Pod A.

*These classes are brought to you by the Stevens County Family Service Collaborative which includes Horizon Public Health, SCMC, Stevens County Ambulance Service and Morris ECFE. If you would like further information or to register, please call **Diane Strobel at 320-585-2237**. If you have Medical Assistance, please provide the MA# on the registration form and we will bill MA for your class fee.*

REGISTRATION FORM

Please complete this form and send it with your payment to:
 Morris ECFE, 153 S. Columbia Ave., Morris, MN 56267.
 Course No. 6421. Make check payable to Morris ECFE.

Name: _____

Address: _____

Baby's Due Date: _____ Phone: _____

Class Dates: _____ Fee ___\$35

JAN./FEB. SESSION

Jan. 15 & 22 @ SCMC

Jan. 29 & Feb. 5 @ MAES

APRIL SESSION

April 9 & 16 @ SCMC

April 23 & 30 @ MAES

JULY SESSION

July 9 & 16 @ SCMC

July 23 & 30 @ MAES

OCTOBER SESSION

Oct. 8 & 15 @ SCMC

Oct. 22 & 29 @ MAES

