



LABOR, DELIVERY & BEYOND



Preparing for childbirth & parenting

- Prenatal Health**
- Fetal Development**
- Stages of Labor**
- Labor Techniques**
- Comfort Measure**
- C-Sections**
- Baby Care**
- Breastfeeding/Bottlefeeding**
- Hospital Tour**
- Child Development**
- Parenting**
- Adult & Child CPR**

- Classes at SCMC meet in the multi-purpose room in the lower level.
- Classes at MAES meet at Elementary school in the ECFE room Pod A.

REFRESHER CLASS

Meets one time at SCMC
 6:30-8:30pm
 Sept. 11
 Fee: \$10

*These classes are brought to you by the Stevens County Family Service Collaborative which includes Horizon Public Health, SCMC, Stevens County Ambulance Service and Morris ECFE. If you would like further information or to register, please call **Diane Strobel at 320-585-2237**. If you have Medical Assistance, please provide the MA# on the registration form and we will bill MA for your class fee.*

REGISTRATION FORM

Please complete this form and send it with your payment to:
 Morris ECFE, 153 S. Columbia Ave., Morris, MN 56267.
 Course No. 6421. Make check payable to Morris ECFE.

Name: _____

Address: _____

Baby's Due Date: _____ Phone: _____

Class Dates: _____ Fee ___\$35

Refresher Course: _____ ___\$10

CLASSES MONDAYS

6:30-8:30PM

SESSION FEE: \$35

Each session is 4 classes long

SEPT. 11 - OCT. 2

Sept. 11 & 18 @ SCMC

Sept. 25 & Oct. 2 @ MAHS

