

PSYCHIATRY SERVICES

Kathy Tysdal BSN, RN-BC

Kathy is a Board Certified Psychiatric and Mental Health Nurse. She received her Associate RN at Minnesota State Community and Technical College in Fergus Falls and her Bachelors in Nursing at Minnesota State University Moorhead. She brings over 15 years of mental health experience. Kathy provides services for Louise Dewey by seeing patients, providing education regarding medications and liaison between outside resources. Kathy is a native of Fergus Falls.

Louise Dewey, APRN, PMHNP-BC

Louise specializes in psychiatric treatment of adults experiencing mental health conditions. She has 30 years experience in nursing and over a decade working with persons with mental health and substance abuse disorders. Louise has a masters degree in psychiatric nursing from Rush University in Chicago, Illinois and is board certified in psychiatry. Louise Dewey provides adult psychiatric services via telemedicine to Stevens Community Medical Center.



Questions?

For more information or to make an appointment call 320-589-7625. The Behavioral Medicine Department is located on the second floor of the Stevens Community Medical Center.



scmcinc.org

Services

- FAMILY THERAPY
- INDIVIDUAL THERAPY
- COUPLES OR MARITAL COUNSELING
- MEDICAL PSYCHOLOGICAL CONSULTATION
- DIAGNOSTIC ASSESSMENTS
- PSYCHOLOGICAL TESTING
- PSYCHIATRIC ASSESSMENT
- MEDICATION MANAGEMENT
- EMPLOYEE ASSISTANCE PROGRAM (EAP)



400 E. First Street,
Morris, MN 56267
320-589-7625



BEHAVIORAL MEDICINE

STEVENS COMMUNITY
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Karla Sundheim, MA, LMFT

Karla Sundheim is a Licensed Marriage and Family Therapist at the Behavioral Medicine Department at Stevens Community Medical Center. Karla received a Bachelor of Arts degree in Child Psychology from the University of Minnesota – Twin Cities in 2003. She received a Master of Arts degree in Licensed Marriage and Family Therapy from Argosy University in 2006. Karla provides individual, couples, and family therapy. Karla has worked in a variety of settings including day treatment, in-home family therapy and outpatient therapy. Karla provides assessments and therapy for depression, anxiety, and a variety of other behavioral health disorders in children, adolescents, and adults. Karla is the Director of the Behavioral Medicine Department.

Ashley Berger, MA, LMFT

Ashley Berger is a Licensed Marriage and Family Therapist at Behavioral Medicine Department at Stevens Community Medical Center. Ashley received her Bachelor of Arts degree in Psychology from Saint Cloud State University in 2008. She went on to receive a Master of Arts degree in Marriage and Family Therapy from Sioux Falls Seminary in 2011. Ashley provides individual, couples, and family therapy. She has worked in a variety of setting from in-home family therapy, group therapy to outpatient therapy. Ashley provides assessment and therapy for depression, anxiety, behavioral concerns and a variety of other behavioral health disorders in children, adolescents and adults. Ashley provides services in Morris, Wheaton and Ortonville.

Jennifer Gullickson, MS, LPCC, NCC

Jennifer is a Licensed Professional Clinical Counselor and National Certified Counselor. Jennifer received her Bachelor of Arts degree from Concordia College in Moorhead, MN and a Master's of Science in Mental Health Counseling from Capella University. Jennifer enjoys working with clients of all ages, and has several years' experience working with children and teens with behavioral and mental health issues, including: depression, anxiety, ADHD, and oppositional defiant disorder. Jennifer conducts diagnostic assessments, and provides therapy to individuals, couples, and families focused on improving personal and relationship functioning. Jennifer works primarily from strengths-based approaches, including person-centered, cognitive-behavioral, and solution-focused therapies.

Louise Ferry, PhD, LP, LMFT

Louise Ferry is a licensed psychologist and licensed marriage and family therapist as well as a board approved supervisor for marriage and family therapy in Minnesota. Her BA is from the University Minnesota Morris, MA from Adler Graduate School in Richfield and PhD in clinical psychology from Capella University in Minneapolis. Louise is also a core faculty member currently at the Adler Graduate School. She works as a psychotherapist for children above the age of 6, adolescents, adults, families and couples. Her favorite task as a psychologist is in completing psychological testing. Louise has experience in working with various disorders such as depression, anxiety, ADHD, and autism spectrum disorder as well as many others. Her favorite pastimes are playing Words with Friends, travel, and spending time with family. She is located in the Morris office.

June Meyerhoff, PSYD, LP

Dr. June Meyerhoff is a Licensed Psychologist with 30 years of experience. She is a general practitioner who provides services to children, teens and adults for a wide range of issues. Psychological services include psychological testing, diagnostic assessment, couples counseling, individual therapy, hospital consultations, treatment of depression and anxiety, chronic pain management, clinical hypnosis, sleep problems, behavioral problems and more. Dr. Meyerhoff provides services in Morris and Montevideo.

Jackie Wollschlager, MSW, LICSW

Jackie is a Licensed Independent Clinical Social Worker. She received her undergraduate degree at the University of Minnesota-Morris, MN and her Master of Social Work at the University of Houston, Houston, TX. Jackie has worked in the social work field for 26 years in the areas of In Home Therapy, School Social Work, Hospice, ACT Team Lead, Nursing Home and Assisted Living and Outpatient Therapy. Jackie provides services for individuals, couples and families. Jackie has experience working with: anxiety, depression, ADHD, mood disorders, SPMI disorders, grief and loss and aging issues as well as many others'. Jackie is a State of MN Licensing Supervisor for both clinical and nonclinical social workers. Jackie will be providing services in Morris and the surrounding communities.

Angelina Lee, MA LMFT

Angelina is a Licensed Marriage and Family Therapist. Angelina received her Bachelor of Arts degree in Communication from the College of St. Benedict and her Masters of Arts in Marriage and Family Therapy from Saint Mary's University of Minnesota. She has worked in a variety of settings including in-home therapy, outpatient therapy and day treatment. Angelina is a relationship based therapist that provides assessment and therapy for depression, anxiety and a variety of other mental health issues. She enjoys working with children, adolescents, adults, couples and families. Angelina enjoys outdoor activities, taking walks, gardening and doing house projects.

Julain Rayman, MS, LMFT

Julain is a Licensed Marriage and Family Therapist. She received her Bachelor of Science degree in Psychology from Southwest Minnesota State University, Marshall Minnesota. And a Master's Degree in Agency Counseling from South Dakota State University Brookings, SD. She has worked in several related fields for approximately 16 years which include In-Home Family Therapy, Outpatient Therapy, and Chemical Dependence Half-Way House. She has experience working with families, couples and individuals. She is trained in Eye Movement Desensitization Reprocessing (EMDR). Julain provides assessments and therapy for depression, anxiety, Post-traumatic Stress Disorders. Julain provides therapy in Morris and in Wheaton.

Trisha Osheim, PsyD

Trisha Osheim completed a Bachelor of Arts degree in Clinical Psychology from Minnesota State University, Mankato. She completed her predoctoral internship at the Sheridan VA Medical Center in Wyoming. Trisha received her doctorate degree in Clinical Psychology from Minnesota School of Professional Psychology. Trisha has received training in Dialectical Behavioral Therapy and has a special interest in continuing to run these therapy groups. Another special interest is working with adults with trauma. She completed a rotation in Cognitive Processing Therapy which is the VA preferred evidence based practice for Post-traumatic Stress Disorder.

Sarita Ennis, MSW, LGSW

Sarita Ennis is a Licensed Graduate Social Worker (LGSW), working toward licensure as a Licensed Independent Clinical Social Worker. Sarita received a Master of Social Work degree from Minnesota State University, Mankato in 2016. Sarita has several years of experience providing Children's Therapeutic Support Services (CTSS) and Adult Rehabilitative Mental Health Services (ARHMS). Sarita has experience working with individuals, children and families in multiple settings such as home, school and community. Sarita is bilingual, and she provides therapy in both Spanish and English.

Michael Backman, MS, LP

Mike, a Licensed Psychologist, provides mental health services to clients in the Morris and Starbuck offices. He works with clients from age 6 to adults, who have a wide range of mental health diagnosis. Mike has extensive experience in areas of addiction (MI/CD diagnosis and relapse prevention), anger management, improvement of communication with couples, ADHD assessment and treatment for children and adults. He provides services at SCMC in Morris four days per week and one day per week our SCMC Starbuck Clinic.