

**HEALTH CARE DIRECTIVE  
(MINNESOTA)**

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Social Security #** \_\_\_\_\_

**Phone:**

(Home) \_\_\_\_\_

(Work) \_\_\_\_\_

**AGENT DUTIES**

My health care agent may:

- Make health care decisions for me if I am unable to make and communicate decisions for myself.
- Make decisions based on any instructions given in this document.
- Make decisions based on what he or she knows about my wishes.
- Act in my best interests if instructions are not available

If I am unable to decide or speak for myself, my agent has the power to:

- Consent to, refuse, or withdraw any health care which is keeping me alive and decide about intrusive mental health treatments.
- Choose my health care providers.
- Choose where I live when I need health care and what personal security measures are needed to keep me safe.
- Review and obtain copies of my medical records and determine who else can.

I appoint the following person(s) as my Health Care agents(s) to make any health care decisions for me when, in the judgment of my attending physician, I am unable to make or communicate the decision myself and when my agent consents to make or communicate the decision on my behalf.

**Health Care Agent**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone(s) (Home) \_\_\_\_\_

(Work) \_\_\_\_\_

Relationship \_\_\_\_\_

**Alternate Health Care Agent (optional)**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone(s) (Home) \_\_\_\_\_

(Work) \_\_\_\_\_

Relationship \_\_\_\_\_

**REASONS FOR NAMING A HEALTH CARE PROVIDER AS MY AGENT (if necessary)**

I have named, as my agent, a health care provider, or employee of a health care provider, who is currently or might be providing direct care to me when decisions are needed. That person is not related to me by blood, marriage, registered domestic partnership, or adoption. My reason for wanting to appoint that person as my agent are:



**HEALTH CARE DIRECTIVE**  
**(MINNESOTA)**

Patient Name:

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**I GIVE THE FOLLOWING INSTRUCTIONS ABOUT MY HEALTH CARE:**

No special instructions

**OR**

**CPR**      Yes    No

Yes	No	Reasonable Chance of Recovery	Yes	No	No Reasonable Chance of Recovery
<input type="checkbox"/>	<input type="checkbox"/>	Breathing Machine (Ventilator)	<input type="checkbox"/>	<input type="checkbox"/>	Breathing Machine (Ventilator)
<input type="checkbox"/>	<input type="checkbox"/>	Feeding Tube	<input type="checkbox"/>	<input type="checkbox"/>	Feeding Tube
<input type="checkbox"/>	<input type="checkbox"/>	IV Fluids	<input type="checkbox"/>	<input type="checkbox"/>	IV Fluids
<input type="checkbox"/>	<input type="checkbox"/>	Surgeries	<input type="checkbox"/>	<input type="checkbox"/>	Surgeries
<input type="checkbox"/>	<input type="checkbox"/>	Dialysis	<input type="checkbox"/>	<input type="checkbox"/>	Dialysis
<input type="checkbox"/>	<input type="checkbox"/>	Antibiotics	<input type="checkbox"/>	<input type="checkbox"/>	Antibiotics
<input type="checkbox"/>	<input type="checkbox"/>	Blood Transfusions	<input type="checkbox"/>	<input type="checkbox"/>	Blood Transfusions
<input type="checkbox"/>	<input type="checkbox"/>	Pain relief even if it affects my alertness or unintentional shortens my life	<input type="checkbox"/>	<input type="checkbox"/>	Pain relief even if it affects my alertness or unintentional shortens my life

Other Instructions

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MY PREFERENCE FOR CARE WHEN DYING**

If a choice is possible and reasonable when I am dying, I would prefer to receive care:

- At home \_\_\_\_\_
- At a hospital. Which one? \_\_\_\_\_
- At a nursing home. Which one? \_\_\_\_\_
- Through hospice services/care. Which one? \_\_\_\_\_
- From other health care providers. Which one? \_\_\_\_\_
- I would like to have as my doctor. \_\_\_\_\_

Other wishes I have about my care if I am dying

\_\_\_\_\_  
\_\_\_\_\_

- I am attaching additional instructions concerning my health care values and preferences.  Yes    No
- I authorize donation of organs, tissue, or other body parts after my death.  Yes    No
- The following are my wishes regarding my body after I die:  
 burial     cremation     autopsy     other \_\_\_\_\_

Patient Name:

Date of Birth:

## Signature Page

As of this date, I understand my condition, I understand treatment that is available, and I am able to communicate my choices.

I revoke all Living Wills, Durable Powers of Attorney for Health Care, or other written advance health care directives I have signed in the past.

I understand and agree with everything in this document and have made this document willingly.

IN WITNESS WHEREOF, I have hereunto signed my name this \_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_

\_\_\_\_\_  
My Signature

### OPTION #1

STATE OF MINNESOTA. COUNTY OF \_\_\_\_\_

The foregoing instrument was signed or acknowledged before me this \_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_, I am not the agent or alternative agent appointed in the foregoing instrument.

\_\_\_\_\_  
Notary Public

OR

### OPTION #2 *NOTE: ONLY ONE WITNESS MAY BE A HEALTH CARE PROVIDER. NO WITNESS MAY BENEFIT FINANCIALLY FROM THIS PERSON'S DEATH.*

I certify that I am at least 18 years of age and that I am present on the date appearing above the signature of the person executing this document, \_\_\_\_\_. He/She signed or acknowledged the signing of this document. I am not named as agent or alternative agent in this document. If I am a health care provider (or an employee of a health care provider) administering direct care to the principal on the date appearing above, I have so noted below.

Witness \_\_\_\_\_  
Address \_\_\_\_\_

Health Care Provider?  Yes  No

Witness would benefit financially from this person's death?  Yes  No

Witness \_\_\_\_\_  
Address \_\_\_\_\_

Health Care Provider?  Yes  No

Witness would benefit financially from this person's death?  Yes  No

Please keep the original for yourself and distribute copies to the following as applicable:  hospital,  clinic,  Home Care Agency,  agent,  alternative agent,  other children,  close relatives who need to know.