



2019



LABOR, DELIVERY & BEYOND

Preparing for childbirth & parenting

- Prenatal Health
- Fetal Development
- Stages of Labor
- Labor Techniques
- Comfort Measures
- C-Sections
- Baby Care
- Breastfeeding/Bottlefeeding
- Hospital Tour
- Child Development
- Parenting
- Carseat Safety
- Adult, Child & Infant CPR/AED

CLASSES MONDAYS
6:30-8:30PM
SESSION FEE: \$35

Each session is 5 classes long

- Classes at SCMC meet in the multi-purpose room in the lower level.
- Classes at MAES meet at Elementary school in the ECFE room Pod A.

*These classes are brought to you by the Stevens County Family Service Collaborative which includes Options for Women, SCMC, Stevens County Ambulance Service and Morris ECFE. If you would like further information or to register, please call **Diane Strobel at 320-585-2237**. No exclusions for inability to pay.*

2019 SESSIONS

NEXT SESSION

WINTER SESSION

Jan. 14, 21 & 28 @ SCMC

Feb. 4 & 11 @ MAES

SPRING SESSION

April 8, 15 & 22 @ SCMC

April 29 & May 6 @ MAES

SUMMER SESSION

July 8, 15 & 22 @ SCMC

July 29 & August 5 @ MAES

FALL SESSION

Sept. 30, Oct. 7 & 14 @ SCMC

Oct. 21 & 28 @ MAES

REGISTRATION FORM

Please complete this form and send it with your payment to:
 Morris ECFE, 153 S. Columbia Ave., Morris, MN 56267.
 Course No. 6421. Make check payable to Morris ECFE.

Name: _____

Address: _____

Baby's Due Date: _____ Phone: _____

Class Dates: _____ Fee ___\$35

