LABOR, DELIVERY & BEYOND

Preparing for childbirth & parenting

Prenatal Health  
Fetal Development  
Stages of Labor  
Labor Techniques  
Comfort Measure  
C-Sections  
Baby Care  
Breastfeeding/Bottlefeeding  
Hospital Tour  
Child Development  
Parenting  
Adult & Child CPR

- Classes at SCMC meet in the multi-purpose room in the lower level.
- Classes at MAES meet at Elementary school in the ECFE room Pod A.

REFRESHER CLASS
Meets one time at SCMC
6:30-8:30pm  
Sept. 11  
Fee: $10

These classes are brought to you by the Stevens County Family Service Collaborative which includes Horizon Public Health, SCMC, Stevens County Ambulance Service and Morris ECFE. If you would like further information or to register, please call Diane Strobel at 320-585-2237. If you have Medical Assistance, please provide the MA# on the registration form and we will bill MA for your class fee.

REGISTRATION FORM
Please complete this form and send it with your payment to: Morris ECFE, 153 S. Columbia Ave., Morris, MN 56267.
Course No. 6421. Make check payable to Morris ECFE.

Name:__________________________________________
Address:________________________________________
Baby’s Due Date:___________ Phone:______________
Class Dates:_______________ Fee ___$35
Refresher Course:___________ ___$10

CLASSES MONDAYS
6:30-8:30PM
SESSION FEE: $35
Each session is 4 classes long

SEPT. 11 - OCT. 2
Sept. 11 & 18 @ SCMC
Sept. 25 & Oct. 2 @ MAHS