

LABOR, DELIVERY & BEYOND



Preparing for childbirth & parenting

Prenatal Health

Fetal Development

Stages of Labor

Labor Techniques

Comfort Measures

C-Sections

Baby Care

Breastfeeding/Bottlefeeding

Hospital Tour

Child Development

Parenting

Carseat Safety

CPR/AED (*Adult, Child & Infant*)

CLASSES MONDAYS

6:30-8:30PM

SESSION FEE: \$35

Each session is 5 classes long

- Classes at SCMC meet in the multi-purpose room in the lower level.
- Classes at Ambulance Garage meet in Education & Training Room
- Classes at MAES meet at Elementary school in the ECFE room Pod A.

2020 SESSIONS

WINTER SESSION

Jan. 13 & 20 & 27 @ SCMC

Feb. 3 @ Ambulance Garage

Feb. 10 @ MAES

SPRING SESSION

April 13, 20 & 27 @ SCMC

May 4 @ Ambulance Garage

May 11 @ MAES

SUMMER SESSION

July 13, 20 & 27 @ SCMC

Aug. 3 @ Ambulance Garage

Aug. 10 @ MAES

FALL SESSION

Sept. 28, Oct. 5 & 12 @ SCMC

Oct. 19 @ Ambulance Garage

Oct. 26 @ MAES

*These classes are brought to you by the Stevens County Family Service Collaborative which includes, Options for Women, SCMC, Stevens County Ambulance Service and Morris ECFE. If you would like further information or to register, please call **Diane Strobel at 320-585-2237**. No exclusions for inability to pay. You can also register online through Morris Community Education at www.morris.k12.mn.us (go to Community Ed tab, click Online Registration and Labor Delivery class will be in the ECFE link.)*

REGISTRATION FORM

Please complete this form and send it with your payment to:
Morris ECFE, 153 S. Columbia Ave., Morris, MN 56267.
Course No. 6421. Make check payable to Morris ECFE.

Name: _____

Address: _____

Email: _____

Baby's Due Date: _____ Phone: _____

Class Dates: _____ Fee ___\$35



scmcinc.org

